



The ALINÉA
**FLOWER
METHOD**

TRANSFORM ONE
PLASTIC STRAW INTO
WEARABLE ART

*A beginner's guide to sustainable
fashion and upcycling.*



Showcased during **New York Fashion Week**

Hi I'm
CLAUDETTE.

In 2018, I became obsessed with one question:

What if waste could fund healthcare equity?

Today I collect used plastic straws from coffee shops and transform them into wearable art that has been featured on fashion runways.

This free guide teaches you the same flower technique that started it all.



SUSTAINABLE
BY DESIGN



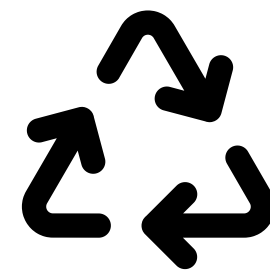
COMMUNITY
FOCUSED



HEALTHCARE
EQUITY



**ONE STRAW.
SIX FLOWER.
INFINITE POSSIBILITIES.**



1 STRAW = 6 ALINÉA FLOWERS
We maximize beauty from what would be waste



STRAWS COLLECTED FROM COFFEE SHOPS
Turning local waste into global impact



SHOWCASED DURING NEW YORK FASHION WEEK
Sustainable fashion on the runway



SUPPORTING HEALTHCARE EQUITY THROUGH ART
Every creation helps build a healthier future

TOOLS YOU'LL NEED



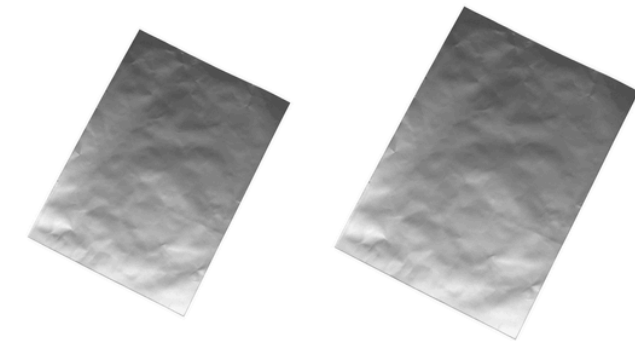
Used Plastic Straws



Scissors



Cardboard 8x11"



2 pieces of Aluminum Foil 4x5"



Iron



A Toothpick



Baking Soda



Castile Soap



3M 5101 Half Piece
Face Respirator



Gloves



Straw Cleaner

STEP
1

COLLECT WITH PURPOSE

Save used plastic straws from coffee shops, bars, restaurants, and events.

Every straw has the potential to become something beautiful.

TIP

Ask local businesses if you can collect their used straws.

Build connections and create change together.



STEP 2

CLEAN THOROUGHLY

Wear gloves

Wash with castile soap and baking soda

Soak for 20 minutes

Use a straw cleaner to scrub the inside

Rinse well to remove all soap residue

Air dry completely

TIP You can use a natural disinfectant:

- 1 gallon warm water
- 2 tbsp baking soda
- 1 tbsp biodegradable soap



STEP
3

CUT
WITH
CARE

Cut the straw into small equal pieces.

Arrange the pieces on cardboard using a toothpick.

Make sure all plastic cuttings touch so they melt together in a flower shape.



TIP

The smaller the pieces the more delicate the flower

STEP

4

COLLECT WITH PURPOSE

TIP

Polypropelene (PP) plastic. straws can be molded ot around 180%. Always use in a well-ventilated area and take safety precautions. Do not inhale fumes. Wear the gas mask. Your safety matter.

Place foil over your arranged pieces.

Use an iron on medium to high heat.

Use gas face mask for precaution and make sure your space is well ventilated.

Press each side for 5 seconds, then 2 seconds on the opposite side to ensure a complete fusion.



STEP

5

CREATE BEAUTY

Let it cool for a few seconds.

Gently peel off your flower from
the foil.

You just turned waste into art..



One straw.

Six flowers.

Endless possibilities.



INSPIRE & BE INSPIRED

Every flower tells a story.

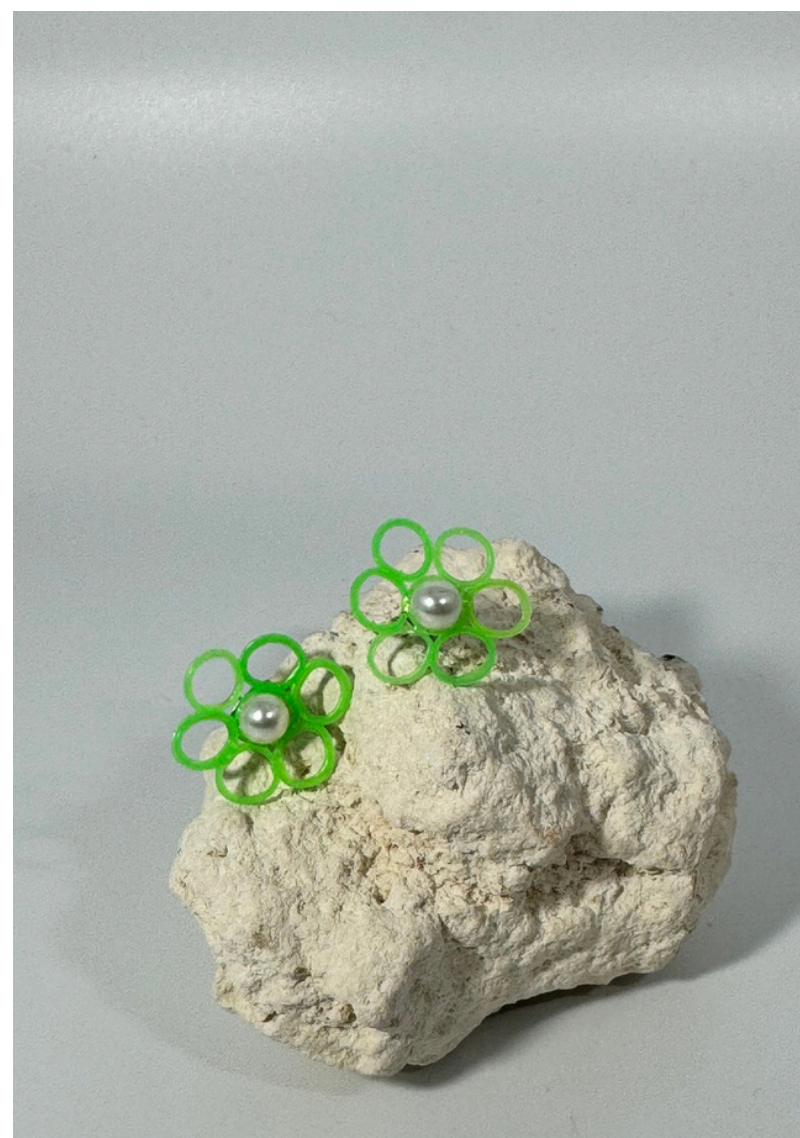
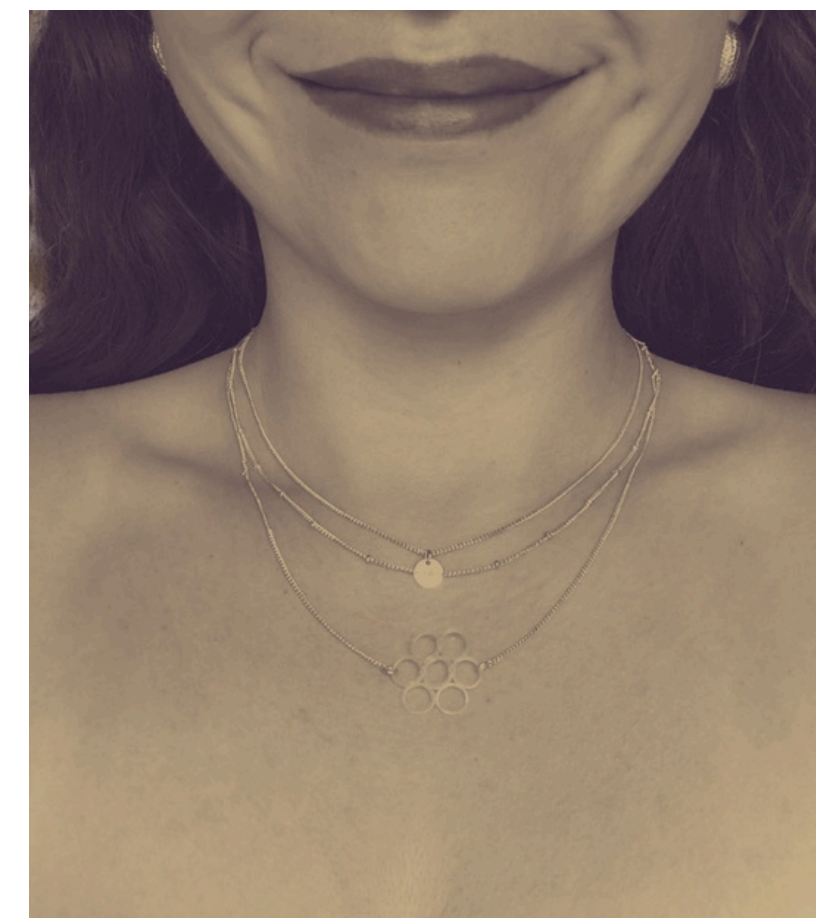
Every creation inspires change.

Here's what our community has made.

Tag us

@alinea_upcycling

to be featured!



WEAR YOUR VALUES. SHARE YOUR ART. CHANGE THE WORLD.

BONUS DOWNLOAD

4 THINGS YOU CAN MAKE FROM PLASTIC STRAWS



BAGS



EARRINGS



EARRINGS



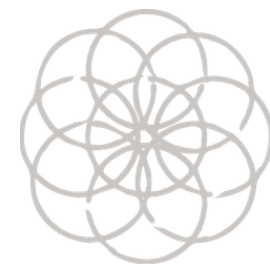
TOPS

YOUR CREATIVITY IS THE ONLY LIMIT.

THANK YOU

FOR BEING PART OF THE CHANGE.

You're not just creating flowers, you're creating a better tomorrow. Thank you for supporting sustainable fashion and healthcare equity.



TOGETHER, SMALL ACTIONS CREATE CHANGE AND IMPACT.

READY FOR THE NEXT TUTORIAL?

Get exclusive access to more guides,
resources, and community workshops.

- Flower earrings guide
- Straw necklace guide
- Discounts for workshops
- And more!



LET'S STAY CONNECTED!

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JOIN THE MOVEMENT

@alinea_upcycling

